



UDAYAN Rotary



Be a gift to the world

FORTNIGHTLY BULLETIN OF THE ROTARY CLUB OF GAUHATI SOUTH

Rotary International District-3240, India

R.I. President
Rtn K.R. Ravindran

Dist. Governor
Rtn. Chandu Agarwal

President
Rtn Bibeka Nanda Saikia

Secretary
Rtn. Priyam Goswami

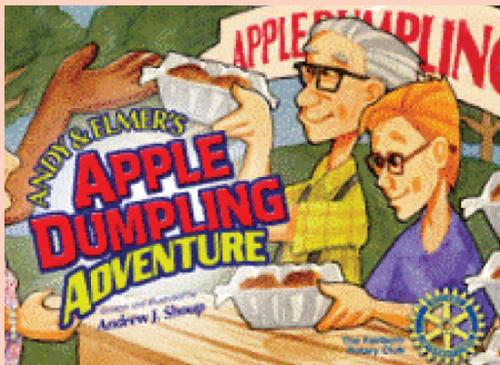
VOL. XXXIV NO. 5

Date : 11th September, 2015



Dictionary Project

Many of District 5320's Rotary Clubs present **dictionaries** to children in the third grade at local elementary schools. This is the year students make the transition from learning to read to reading to learn. Children need their own dictionaries to be able to develop their writing and reading skills and become resourceful learners. Paperback dictionaries can give all children access to information they need to be successful in school, empower and encourage students to become strong readers. Ordering and information



This book tells a story the young children can enjoy and at the same time learn the **Four-Way-Test**. This book fits the California Ed Code for teaching Ethics.



Editor's Column

There is great optimism in India today, regarding lifting the clouds of illiteracy from our Nation and the rest of South Asia by the year 2017. With inspired and positive leadership of PRIP Kalyan Benerjee and PRID Shekhar Mehta high performance have been delivered by Rotary clubs, generating positive energy with their faith, commitment, enthusiasm and sincerity.

So the Rotarians have already proved to be the brave soldiers in its most crucial initiative "The War against Illiteracy". In the new RI Calendar September is recognised as Literacy and Basic Education month. In the present world literacy today has evolved as a predominant facilitator of social and economic growth of a country. As Nelson Mandela said "Education is the most powerful weapon which you can use to change the world." It is essential to eradicate poverty, reducing child mortality, curbing population growth, achieving gender equality and proper implementation of democracy ensuring peace and sustainable development.

Rotary's new challenge of achieving total literacy in the whole of South Asia by 2017 through TEACH programme may seem to be an unrealistic dream. But we must have the courage to dare to dream big. Even if it takes little more time, we would achieve something totally beyond imagination, making South Asia 100 per cent literate !! Actually, motivation is what gets you started. Cheers to all Rotarians. People are coming together to endorse a dream that only mad and crazy people can dream... Rotarians are extremely proud to engage themselves with the TEACH campaign. PRID Shekhar Mehata promised that in the next one year the TEACH programme of Rotary family will help to get 1,00,000 children across the country back to school. We have already crossed miles to reach our dream destination. 'TEACH' Programme has become a nationwide revolution now.

Progress reports of literacy activities are pouring in from various Rotary clubs. Rotarians are flying high with their dream mission.

I take pride to mention that RC Gauhati South is also contributing necessary service in the TEACH programme. Under the Happy School initiative, benches and desks were supplied to two Primary schools and also installed water pipes to improve the school infrastructure, donated large number of books along with cupboards. Three teachers were awarded the prestigious 'Nation Building Award.' Also started Adult Literacy classes etc.

We need that optimistic, rational philosophy of life to be the winner of this great endeavour with the strong confidence that it is possible for us to attain our goal.

Rtn. Giti Bujarbarua



LITERACY and BASIC EDUCATION

Rtn. Gayatri Bhattacharyya

“The Presidential Celebration on Literacy, 2004, will go down in the history of Rotary as the key event that catapulted literacy to the centre stage” (Rotary News, February 2005).

This conference held in Chennai focussed mainly on creating awareness, and on working out a road map for Rotary Clubs to make literacy one of their most important goals.. The objectives laid down in this meeting of more than 1000 Rotarians and guests, were, briefly: 1. “Define a road map for Rotary involvement in achieving total literacy world over by 2015.2.Define literacy as education... 3. Propagate the vitality of literacy in the girl child as a means of literate families.”

The challenges of the initiatives aimed at teaching the basic skills of reading and writing to under privileged communities were emphasized, as was the impact of illiteracy on women, and ways to promote universal primary education.

Even at that time, the necessity of collaborating with the government and other NGOs for implementing this ambitious programme was stressed by PRIP Sushil Gupta, and a person of the eminence of Mr.N.Ram, of The Hindu newspaper pointed out that, eradicating illiteracy is a very much more difficult and complicated job than that of eradication Polio. This was followed by Literacy Summits at Delhi and Kathmandu, where the idea was dealt with in detail by world Rotary leaders.

Thus it came about that Rotary India, under the inspiration and guidance of PRIP Kalyan Bannerjee, and a few other dedicated Rotary leaders got together and chalked out a programme that has now become famous as Rotary India Literacy Mission's TEACH programme. All Rotarian's are aware by now

of the main points of this structured programme which aims at addressing various aspects like Teacher Support, E-Literacy, Adult education, Child development and what is termed as Happy Schools.

The moot point- raised by Rtn.KALYAN Banerjee- is that the main obstacle is not the lack of desks and benches, or painted houses, or even the lack of proper toilet facilities, although these too are very important. According to Rtn. Bannerjee, it is the lack of trained and DEDICATED teachers that is the real obstacle. Thus probably it is urgently necessary to train the teachers, particularly of the primary and elementary Govt. Sachools catering to the poorer sections of society. This is difficult and delicate terrain. But it must be addressed if these schools which, after all , provide the most vita l part of a child's education, are to be improved.

The question is whether its goal of complete literacy can be achieved by around 2020, if not by the earlier target date of 2017.

The Rotary leaders have given a lot of time and thought, and studied the various difficulties of achieving literacy in a vast country like India, and the TEACH programme does seem to have considered most of the relevant and related issues. But there is of course the fact that in a diverse country like ours things cannot be generalized. For example, something that will work out perfectly in a developed and rich state like Maharashtra may not be viable in a smaller and less affluent state, where the Rotary Clubs too may not be in a good financial position, or where the number of members are less. These things, I feel, need to be taken into account while formulating plans and methods of implementing the schemes under the TEACH programme.



MINUTES OF THE 1867TH MEETING OF THE ROTARY CLUB OF GAUHATI SOUTH

The 1867th Meeting of the Rotary Club of Gauhati South was called to order at 7.15 pm on Friday the 28th August, 2015 by the President Rtn. Dr. Bibeka Nanda Saikia at the regular venue of the Club, the Rajdhani Regency Hotel at Dispur, Guwahati. The members rose on the President's request to sing the National Anthem.

The President welcomed the members, visiting Rotarian PDG Prabhat Kedia, Annes and guests present at the meeting. On his request, Rtn. Rajkamal Bhuyan introduced his guests Shri Nawajyoti Sharma, who would be sworn in today, Shri Purnananda Bordoloi, Shri Jayanta Goswami the team from Med Solutions Sleep Center Pvt. Ltd. Comprising of Dr. Dilip Chatterjee, Col. Rabindra Nath Chatterjee, Smti M. Bezbaruah, Shri Anjan Kumar Sharma and Shri Majit Medhi.

It was the Birthday of Rtn. Adib Ahmed today and the greeting card was handed over to him by Rtn. Hareshwar Talukdar on behalf of the Club.

The President informed the House that a bundle of CGI sheets (40 sheets) were handed over to the Bapuji Vidyalaya, Ulubari today by a team of Rotarians from our Club comprising of Dr. Renu Goswami, Gayatri Bhattacharya, Anjana Buragohain, Minoti Barthakur, Dr. Anil Kumar Mahanta and himself. This was a contribution from the Club towards creation of Happy Schools under the TEACH programme. The total cost of the CGI sheets was Rs. 27,500/- on delivery at site basis and the amount would be contributed by the members of the Club. Till now 19 members have registered their names with the Secretary for contributing one CGI sheet each. The President appealed to the members to come forward and join the band of donors. The CGI sheets would be fitted by the school authorities at their own cost. With donors remaining at 19, each CGI sheet will then cost Rs.1447/- which will be rounded off as Rs.1,450/-. Rtn. Dr. Anil Kumar Mahanta appealed to the members to come forward and donate a sheet each.

The President invited Rtn. Dr. Anil Kumar Mahanta to report on the Health Camp conducted at Sundarbori High School on Sunday the 23rd August, 2015. Rtn. Dr. Mahanta informed the house that it was a very successful Camp where over 175 patients were examined by the panel of doctors from the Guwahati Medical College and the team of technicians from Alembic Chemicals. There were three senior doctors from the Medical College

(Dr. Deepak Kumar Sarma, Dr. Kanakeshwar Bhuyan and Dr. Jadunath Buragohain), 4 junior doctors and three technicians. Diabetes screening, Bone Marrow Density testing, blood pressure checking and general health check-up was undertaken and appropriate medicines distributed free of cost. The Camp was attended by 11 Rotarians and 2 Annes from the Club who took turns in distributing medicines and supervising the Camp. Rtn. Dr. Rabindra Nath Mazumder was specifically thanked for organizing the medicines and supervising distribution. Rtn. Dr. Anil Kumar Mahanta had organized the team of doctors and technicians.

Two new members were inducted into the Club. Rtn. Rajkamal Bhuyan introduced Shri Nabajyoti Sharma who has been regularly attending the Club meetings since the beginning of the new Rotary Year and PDG Rtn. Prabhat Kedia pinned on the lapel pin. The President administered the oath and then gifted him the Rotary Folder and the token gifts.

Dr. (Mrs) Indira Bordoloi, wife of Rtn. Tejen Bordoloi, was introduced by Rtn. Dr. Renu Goswami as the retired Principal of the Handique Girls' College. She is a Master degree holder in Physics from the Gauhati University and had completed her doctorate also from the same university. She was inducted into Rotary by pinning on the Rotary lapel pin by PDG Rtn. Prabhat Kedia. The oath was administered by the President and he then presented her with the Rotary folder and the token gifts.

On the invitation of the President, PDG Rtn. Prabhat Kedia rose to speak on Membership Development in Rotary. He welcomed the two new members to the Rotary fold and advised them on the ways of Rotary. He said that the best way to become a true Rotarian, the members should involve themselves in all Rotary activities. It was also the responsibility of the senior Rotarians to ensure that the new members are not overlooked or feel left out. He spoke on the facilities available to members as Rotarians. He also spoke on fellowship and Rotary Action Groups and their functioning.

PDG Rtn. Prabhat Kedia was felicitated by Rtn. Dr. Debdas Kakoty on behalf of the Club.

The pro-tem Secretary Rtn. Prashanta Goswami announced that the Alzheimers & Related Disorders Society of India (ARDSI), Guwahati Chapter is undertaking its most ambitious project of opening a Day Care Centre for Dementia Patients in Guwahati,

which also happens to be a project that was planned by the Club Foundation, on the 21st September, 2015, the WORLD ALZHEIMERS DAY, at the KGMT Hospital on the Mother Theresa Road. He extended a cordial invitation to all the members to grace the celebration of the event at the Kalakshetra Auditorium from 6 pm to 8 pm on the 21st September, 2015.

The President announced that the new member of the Club Dr. Ruppam Das and Anne Gariyashi have been blessed with a son today, their second child.

Rtn. Rajkamal Bhuyan introduced the Guest Speaker of the evening Dr. Dilip Chatterjee as a specialist in sleep disorders. They have the Medsol Sleep Center Private Limited on VIP Road, Guwahati – 22. Their concept is that the solution to all medical health lies in sleep medicine. The goal of this center is to give health, create awareness of sleep disorders and remove medications that patients are subjected to. Dr. Chatterjee is normally based in the USA. His wife is also a doctor and the couple is blessed with a son and daughter.

The presentation was started by Col. Rabindra Nath Chatterjee as Dr. Dilip Chatterjee has the tendency to speak very fast and people have problems following him. He is not a person from the medical profession and his knowledge is acquired over a long period of association with this therapy. He dwelt at length on the sleep cycles and the stages. He emphasized that those people who attain REM 3 stage, which is quite rare, are absolutely healthy and are seen not to require any medication for health purposes.

Dr. Dilip Chatterjee took over and began his presentation on EFFECTS OF SLEEP DEPRIVATION. He informed the members that they should totally abhor sleeping tablets as they do more harm than good. To attain REM 3 stage of sleep, it is

necessary to ensure air supply in the respiratory duct. They have developed a small machine, which costs Rs. 64,000/- in the market but only Rs. 50,000/- if purchased from them. This machine pumps in air into the respiratory duct by clipping on a small device to the nose. He said that it is abnormal to get up at night to answer the nature's call. Continuous sleep disorders can lead to Alzheimers, Diabetes, Liver problems, kidney problems, heart and blood pressure problems and many other ailments. Those people who have sleep disorders should avoid taking siestas in the afternoon and remove fatigue by caffeine and sitting relaxed on lounge chairs for some time. The aim of this therapy is to take the patient off medicine and give back health. A very lively and interesting interaction followed but had to be cut short for paucity of time,

The President felicitated Dr. Dilip Chatterjee on behalf of the Club and personally.

Rtn. Atanu Kumar Chowdhury offered the formal vote of thanks. He welcomed the new members of the Club and thanked PDG RTN. Prabhat Kedia for the excellent and inspiring speech on Membership Development. He thanked Rtn. Dr. Anil Kumar Mahanta for the report on the Health Camp. He thanked both Col. Chatterjee and Dr. Dilip Chatterjee for the very interesting and educative presentation on Sleep Disorders and Effects of Deprivation. Finally he conveyed his thanks to Rtn. Satinder and Anne Poonam Anand for the delicious fellowship offered by them.

The Secretary in his report informed the house that there were 34 Rotarians, 9 Annes, 1 visiting Rotarian and 8 guests in today's meeting. The TRF collection stood at Rs. 415/-.

The President declared the meeting over at 8.50 pm and invited everyone to join the dinner being hosted by Dr. Dilip Chatterjee and his team.

VISITING GLOBAL GRANT PROJECT SITE AT NALBARI

A team of Rotarians comprising of Smti Gayatri Bhattacharya, Dr. Renu Goswami, Dr. Rabindra Nath Mazumder, Shri Subhbrata Sharma and Shri Prashata Goswami led by the team leader for the Global Grant Project to remove Arsenic from Ground Water in Nalbari district Shri Rajkamal Bhuyan escorted our Global Partner Rtn. Arvind Phukan of the Rotary Club of Tacoma, USA to Nalbari on Tuesday the 8th September, 2015 to show the completed work of the project. The team visited the two schools at Dampur, the Girls' ME School and the Girls' Madrassa School, where deep tube wells had been dug, submersible pumps lowered and overhead tanks

mounted on staging and the conventional sand-pebble filters had been installed over the RCC roof of the tiled toilet blocks comprising of two urinals and one toilet for use by the girls. The units were functioning smoothly and the teachers and students unanimously informed the visiting team of Rotarians that they had never tasted such good quality water and students have been bringing containers / bottles to carry water home for drinking.

Rotarians Dr. Bhupesh Chandra Sarma, President of the Nalbari Rotary Club and executive member Shri Diljit Barman were picked up and the team travelled to Ghagrapar Boys' Higher Secondary School to check

on the identical installations at the school. The members of the Rotary Club of Nalbari were introduced to the school authorities for future communications as and when required because it is not always possible to come all the way from Guwahati at short notice. Here too the team was told of the excellent quality of water and that the children carried water home for drinking purposes.

The Girl's Primary and High School at Ghagrapar was also visited to see the identical installations set up at the school and the Rotarians from the Rotary Club of Nalbari were entrusted for any immediate help that may be necessary.

The team then visited the Borbhag Junior College where too a similar set of facilities had been installed. It was a pleasant site to see that the authorities in the College had drawn water lines from our installation to the Principal's office and beyond due to the very good quality of water.

The team decided to convene a meeting at the Rotary Club, Nalbari in the first week of October, 2015 where all the headmasters / headmistresses of schools where the water and sanitation facilities has been set up to formally hand over the installations and entrust Rotary Club of Nalbari to supervise and ensure proper functioning.

Minutes 1868th meeting of Rotary Club of Gauhati South on 4.9.2015.

- 1) President Rtn Dr. Bibekananda Saikia called the meeting to order at 7 PM and welcomed the members, Annes, Guests and visiting Rotarians.
 - 2) Members sang the National Anthem.
 - 3) President wished Rtn Amarendra Nath Das happy birth day, which was on 1st Sept. In his absence Birth day card could not be handed over.
 - 4) President requested the members to clear their Annual club dues within the month as only 50% of members has cleared their dues till date. He also requested the members to collect pending advertisement payments from the companies.
 - 5) President appealed to the members to contribute for payment to purchase 45 nos of Dyna Sheets to repair our selected primary school.
 - 6) President called Rtn Renu Goswami our club's chair person for District literary mission to apprise the members about selection modalities of out standing teachers for District Nation Builders Award and out come of the selection process.
 - 7) Rtn Vikash Bajaj spoke about our club's Public Relation Schemes.
 - 8) Rtn Bibhash Das Purkayastha from R.C. Gauhati West felicitated Past President, Rtn Gayatri Bhattacharjya of our club who was his teacher during his study at St. Edmund's College, Shillong. Rtn Purkayastha handed over Award of Nation Builders, comprising certificate, packet of books and gamosa to our selected teacher Mrs Monika Deka.
 - 9) Assistant Governor Rtn Sumitra Goswami handed over the Award to teacher Mrs Barnali Bora.
 - 10) PDG Pranab Kr. Baruah handed over the Award to selected teacher Narayan Das.
 - 11) Rtn Renu Goswami handed over gift for Head Master of the School to one of the teachers in absence of the Head master.
 - 12) One of the award winning teacher was requested to speak about their feelings.
 - 13) Rtn Gayantri Bhattacharjya spoke about the significance of Teacher's day and advised the award winning teachers to contribute more and help Rotary in this Teacher programme. Through a story, she read in "Shiksha Visar" she enthused the members present in the meeting to work for success of the Library mission.
 - 14) Rtn M.C. Deka offered vote of thanks.
 - 15) Secretary's report was given by Rtn Prasanta Kr. Das
- | | |
|-----------------|------------|
| Members present | 21 |
| Annes | 4 |
| Guests | 5 |
| Visiting Rtn | 3 |
| TRF collection | Rs. 130.00 |
- Fellowship was given by Rtn Anjana Buragohain and Rtn Ranjana Lahkar.
- The meeting was adjourned at 8-40 PM

THE 2ND MEETING OF THE BOARD OF DIRECTORS OF ROTARY CLUB OF GAUHATI SOUTH

The 2nd Meeting of the Board of Directors of the Rotary Club of Gauhati South was convened at 4.30 pm on Saturday the 5th September, 2015 at the Trust Office of the Club on the Lakhimi Path off the RG Baruah Road, Guwahati – 781 005. The following members attended the meeting :

1. Rtn. Dr. Bibeka Nanda Saikia
2. Rtn. Rajkamal Bhuyan
3. Rtn. Prashanta Goswami
4. Rtn. Gayatri Bhattacharya
5. Rtn. Bhuendra Nath Das
6. Rtn. Vikash Baja
7. Rtn. Arman Ahmed.

The President Rtn. Dr. Bibeka Nanda Saikia chaired the meeting and welcomed the members present.

The following issues were discussed and decisions arrived at :

1. The Dementia Day Care Centre of Alzheimers & Related Disorders Society of India (ARDSI), Guwahati Chapter is being inaugurated on the 21st September, 2015, the World Alzheimers Day. The project was supposed to have been undertaken by the Club Foundation as a Global Grant Project. Rtn Prashanta Goswami informed that the project was still under consideration but a Global Partner will have to be first found to submit the application. Rtn. Rajkamal Bhuyan added that Rtn. Arvind Phukan is scheduled to be here in Guwahati on the 7th September and this would be taken up with him. Another project that will be discussed for Global Grant is the Eye Care facility at the same venue and the matter has already been discussed with the Trustees of the Kuntal Goswami Memorial Trust (KGMT). A partnership can be worked out with KGMT on events and fund raising for the projects.
2. The Board of Directors has approved the inductions of Smti Anjana Goswami, Dr. (Mrs) Indrani Bordoloi and Shri Nabajyoti Sharma as members of the Club. This may be considered as the formal approval for induction into the Club of the three afore stated members.
3. An official communication at the behest of the Prime Ministers Office has been received regarding undertaking a Swachh Bharat Abhiyan

on the 2nd October, 2015. After discussions, it was decided that a WALKATHON would be organized on the 2nd October, 2015 from the residence of Rtn. Prashanta Goswami to the Basistha Ashram at 9 am and then undertake a cleaning programme at the Basistha Ashram. Couple of large Dustbins would be presented to the Ashram on the occasion. The programme would be over by 11 am. The President and Rtn. Prashanta Goswami were entrusted to initiate th discussions with the Ashram Committee.

4. Rtn. Vikash Bajaj informed the members that he has found a donor who is willing to sponsor heart surgeries for children between the age group 8 years to 18 years suffering from congenital heart ailments such as holes in the heart. He wanted to undertake this in some hospital in Guwahati. However, none of the hospitals in Guwahati are equipped or manned by qualified cardiac surgeons and the nearest and the best set up is in Durgapur. He was asked to check with the donors regarding their terms and conditions for the sponsorship.
5. The President informed the members that he has organized to open a Rotaract Club at the Veterinary College and since he is himself a senior professor there, it will be easy to monitor them and ensure continuity.
6. Rtn. Vikas Bajaj raised the issue of the Fund Raiser for the Club. However, Rtn. Rajkamal Bhuyan told him that this should be taken up exclusively in a separate meeting as time was not adequate to discuss and all the members of the Committee were not present. However, the date for the event stands tentatively finalized as 13th February, 2016. The cause will be the Electric Crematorium.
7. A Brochure needs to be immediately prepared for the Fund Raiser and Rtn. Vikash Bajaj was entrusted with the task.
8. There being no other issues for discussion, the meeting rose with a vote of thanks to the chair and specially thanked him for the delicious fellowship.
9. The members sang the National Anthem at the end and the President declared the meeting prorogued at 6.10 pm.



Guest speaker Rtn. PK Kedia being felicitated



Guest speaker Rtn. PK Kedia is felicitated



Induction of Mr Nabajyoti Sarma as Member



Nation Building Award to Bornali Bora



Donation of 40 nos [1].Galvanised corrugated Sheet to Bapuji Prathamic Vidyalaya (RCGauhati South)



Guest Speaker Dr Deelip Chaterjee (USA) Speaks on Sleep Therapy



Guest Speaker Rtn BD Purkayastha is felicitated



Nation Building Award to Narayan Das



Free Medical Camp (23.8.15), organized by our club in association with the Association of Surgeons of Assam & hosted by Sr Citizen's Forum of Jalukbari.

THE WHITE HOUSE HONORS ROTARY WOMEN FOR THEIR HUMANITARIAN SERVICE



Tina Tchen, assistant to President Barack Obama, and chief of staff to First Lady Michelle Obama, thanks the Rotary honorees for their humanitarian work.

Photo Credit: Rotary International/Alyce Henson

Senior Rotary leaders gathered at the White House to honor 10 women for their service projects, an event attended by members of U.S. President Barack Obama's senior staff.

The Rotary members presented their projects, in the hopes of creating new inroads for government partnerships and support.

"This is recognition of the great work that they do but also serves as a great vehicle to inspire others to do similar kinds of things," said Rotary General Secretary John Hewko. "One of the things we're doing a better job of is sharing our story to the non-Rotary world."

The honorees were selected by Rotary senior leaders and endorsed by the White House from clubs around the U.S. but their projects touch lives across the globe.

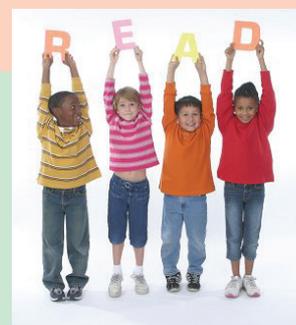
Did You Know ?

1. Listening to music helps boost your immune system
2. Study shows that using the internet too much makes your brain lazy.
3. You are more likely to have a heart attack on a Monday morning than any other time of the week.
4. A blind, bald and near deaf man was struck by lightning and all of his three conditions were fixed.

Make the Children Learn

The will to win, the desire to succeed, the urge to reach your full potential, these are the keys that will unlock the door to personal excellence.

Confucius



Editor : Rtn. Giti Bujarbarua

Rotary Club of Gauhati South

E-mail : giti_baruah21@yahoo.co.in

Mobile : 9954382241